



# The Marriage Preparation Course



**The next course will be run in March 2019**

**Venue:** Rosebank Catholic Church Community Centre, 16 Keyes Avenue, Rosebank

**COST:** R1500 per couple

The Marriage Preparation Course is for couples wanting to develop foundations for a healthy marriage that will last a lifetime. Over five evenings spent together you will learn important tools that will enable you to make your marriage work. This is a 5 week course and includes a romantic dinner setting. The cost for this course includes the meals as well as the study material.

## YOU WILL EXPLORE:

### SESSION 1. Communication

Learn your personality types and your communication styles

### SESSION 2. Commitment

Explore the importance and benefits of committed relationships

### SESSION 3. Resolving conflict

Discover potential relationship challenges and how to tackle them

### SESSION 4. Keeping love alive

How to maintain the momentum of your relationship

### SESSION 5. Shared goals and values

Find out what is important to you both and develop unity as a couple

The Marriage Preparation Course co-ordinator – Rev. Gerald Rodrigues

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